INTRODUCTION: HEY EVERYONE, I'M ALLY TACK, A DELTA ZETA ALUMNA FROM OUR BETA KAPPA CHAPTER AT IOWA STATE UNIVERSITY. WELCOME TO THE TRULY; A WEEKLY MEMBERSHIP MOMENT OPEN TO THE PUBLIC BUT DESIGNED FOR OUR DELTA ZETA MEMBERS.

THIS WEEK LET'S TALK A LITTLE BIT ABOUT HOW MANY OF US FEEL UNEASY RIGHT NOW. WE ARE EACH FEELING A WIDE VARIETY OF EMOTIONS AND THAT IS FOR A VARIETY OF REASONSLEAVES ME FEELING UNEASY.

THIS IS ALSO A TIME WHEN GRADUATING SENIORS ARE TYPICALLY LOOKING TO A FUTURE FULL OF POSSIBILITIES AND MOVING ONE STEP CLOSER TO REALIZING THEIR DREAMS. SOME OF THOSE DREAMS SEEM TO BE PUT ON HOLD, SOME OF THE POSSIBILITIES SEEM DIFFERENT.

BUT WE ALSO HAVE TO REMEMBER THAT THERE ARE STILL POSIBILITIES AND STILL DREAMS TO BE REALIZED, WE'RE JUST SEEING THEM IN A DIFFERENT CONTEXT.

WHILE THE PANDEMIC IS UNPRECEDENTED, THE ECONOMIC RECESSION IS NOT. WOMEN LIKE US HAVE BEEN DOWN THIS PATH BEFORE. AND IT'S REALLY NOT BEEN THAT LONG AGO.

THE TRULY TEAM HAS BEEN THINKING A LOT LATELY ABOUT HOW WE CAN ENCOURAGE ONE ANOTHER AND CONTINUE TO HAVE A SPIRIT OF HOPEFULNESS AND HELPFULNESS MOVING INTO THE FUTURE.

IF YOU ARE A GRADUATING SENIOR WATCHING RIGHT NOW, WE KNOW YOU HAVE MISSED OUT ON SOME RITES OF PASSAGE. BUT I CAN PROMISE YOU THAT THE FRIENDSHIPS YOU'VE CREATED AND THE INVESTMENT YOU'VE MADE IN YOURSELF THROUGH A COLLEGE SORORITY WILL PROVE WORTHWILE. WHAT WE ARE EXPERIENCING RIGHT NOW WILL PASS.

IN FACT, THAT'S ALMOST EXACTLY WHAT OUR GUEST AN ALUMNA MEMBER FROM OUR EPSILON CHAPTER AT THE UNIVERSITY OF INDIANA, TOLD HER COLLEGE NEWSPAPER WHEN REFLECTING BACK ON HER GRADUATION IN 2008.

SHE AND THOUSANDS OF OTHER DELTA ZETAS WERE LEAVING SCHOOL AND ENTERING THE JOB MARKET OR BEGINNING THE NEXT PART OF THEIR LIVES AT ONE OF THE LOW POINTS IN OUR COUNTRY'S ECONOMIC HISTORY. SO I THINK MOLLY WILL BE ABLE TO GIVE US ALL SOME GREAT INSIGHT AND ENCOURAGEMENT AS WE LOOK TO THE FUTURE!

MOLLY, WHO HAS BEEN A DELTA ZETA MEMBERSHIP SPECIALIST AND ADVISOR, MANAGES MERCHANDISE PLANNING FOR VICTORIA SECRET'S PINK BRAND. AND I DON'T KNOW ABOUT ALL OF YOU BUT I THINK THAT'S PRETTY COOL!

ADD MOLLY INTO LIVE

AT: HEY, MOLLY! THANKS FOR SHARING YOUR TIME WITH US TODAY. HOW ARE YOU?

MOLLY: XXXX

AT: SO AS I MENTIONED, THESE ARE INTERESTING TIMES. WHAT IS LIFE LIKE FOR YOU RIGHT NOW?

MOLLY: XXXXX

AT: (RELATE TO HER COMMENTS, THEN) LET'S REWIND A LITTLE BIT. WE'RE WANTING TO HELP PROVIDE OUR SENIORS WITH SOME PERSPECTIVE ON LIFE AFTER COLLEGE WHEN THE WORLD IS DIFFERENT THAN WHAT WE'D PLANNED. I WILL START US OFF WITH A QUESTION FOR MOLLY BUT IF YOU HAVE QUESTIONS PLEASE DROP THEM IN THE COMMENTS AND I WILL ASK MOLLY SOME OF THE QUESTIONS THAT COME THROUGH!

SO MOLLY, YOU GRADUATED IN 2008. TELL US A LITTLE ABOUT THAT TIME AND WHAT YOU AND YOUR FRIENDS WERE FEELING.

MOLLY: XXXXX

*ASK QUESTIONS SUBMITTED ON LIVE. IF MINIMAL QUESTIONS COME THROUGH, REFER TO THESE QUESTIONS. *UTILIZE ABOUT 10 MINUTES FOR QUESTIONS!

AT: (RELATED TO HER COMMENTS, THEN) TELL US ABOUT YOUR FIRST JOB, PROBABLY NOT WHAT YOU'D IMAGINED BUT IT WAS A PLACE TO START, RIGHT?

MOLLY: XXXXX

AT: (RELATE, THEN) I KNOW FOR ME, RIGHT AFTER GRADUATION I WAS IN CONSTANT COMMUNICATION WITH MY DELTA ZETA SISTERS, TALKING ABOUT JOBS, MOVING TO NEW CITIES AND JUST HOW LIFE WAS CHANGING FOR US ALL! WHAT WERE YOU HEARING FROM YOUR FRIENDS DURING THAT TIME FOR YOU?

MOLLY: XXXXX

AT: I LOVE THE HUSTLE! DO YOU FEEL LIKE ANYTHING IN PARTICULAR DURING YOUR TIME AS A COLLEGIATE MEMBER IN DELTA ZETA HELPED PREPARE YOU TO MAKE THE MOST OF IT?

MOLLY: XXXX

AT: I FEEL LIKE ALL OF OUR EXPERIENCES LEAD US TO WHERE WE ARE NOW. SO HOW DID THIS LEAD YOU TO WHERE YOU ARE TODAY?

MOLLY: XXXX

AT: WHILE THE CIRCUMSTANCES ARE DIFFICULT, I THINK IT IS SO IMPORTANT THAT WE FIND A WAY TO LOOK TO THE FUTURE, POSITIVELY. WHAT ARE SOME TIPS YOU'D GIVE TO OUR AUDIENCE ABOUT MOVING FORWARD?

MOLLY: XXXXX

AT: THIS HAS BEEN GREAT! EVERY WEEK WE LIKE TO LEAVE OUR AUDIENCE WITH A FEW TIPS FROM OUR CHAT. AFTER TALKING TO YOU I FEEL LIKE SOME OF THE BIG TAKEAWAYS FOR OUR GRADUATING SENIORS ARE:

- 1. IT'S OKAY IF YOUR FIRST JOB IS NOT YOUR DREAM JOB.
- 2. IF YOUR PLANS HAVE CHANGED, EMBRACE THE NEW PLAN. MAYBE THAT MEANS GOING TO GRAD SCHOOL OR PERHAPS IT'S AN INTERNSHIP INSTEAD OF A FULL-TIME JOB. TAKE A STEP IN THE DIRECTION THAT YOU FEEL MOVES YOU FORWARD.
- 3. STAY POSITIVE. THIS TOO SHALL PASS.

MOLLY, IS THERE ANYTHING ELSE YOU WANT TO SHARE AS A MAIN PIECE OF ADVICE TO OUR GRADUATING SENIORS?

MOLLY: XXXXX

AT: MOLLY, THANK YOU SO MUCH FOR BEING A PART OF OUR CONVERSATION AND SHARING YOUR EXPERIENCES AND OPTIMISM WITH US TODAY!

TO EVERYONE TUNING IN, I HOPE THAT YOU'RE ENCOURAGED TODAY. WE CAN BE HOPEFUL ABOUT THE FUTURE AND LET'S SHARE THAT HOPE WITH OTHERS.

I KNOW THAT I AM HOPEFUL AND I BELIEVE IN ALL OF YOU!

SO, THAT'S IT FOR THE TRULY THIS WEEK. WE'RE HERE EVERY THURSDAY AT 2P EASTERN NOW THROUGH THE END OF MAY.

AFTER TODAY'S EPISODE, WE'LL POST ADDITIONAL THOUGHTS AND RESOURCES FOR YOU. SIMPLY VISIT THE TRULY BLOG AT DELTAZETA.ORG/THETRULY.

THANKS AGAIN FOR WATCHING.