

The Truly: Episode 3 - Community

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INTRODUCTION: HEY EVERYONE, I'M ALLY TACK, A DELTA ZETA ALUMNA FROM OUR BETA KAPPA CHAPTER AT IOWA STATE UNIVERSITY. WELCOME TO THE THIRD EDITION OF THE TRULY. WE DO THIS WEEKLY. IT'S OPEN TO THE PUBLIC, BUT DESIGNED FOR DELTA ZETA MEMBERS.

WITHIN MY ROLE AS DIRECTOR OF CHAPTER SERVICES I HAVE THE OPPORTUNITY TO COMMUNICATE WITH OUR CHAPTER OFFICERS DAILY. AND THROUGH THOSE CONVERSATIONS I AM FINDING THAT WE ARE ALL FEELING LIKE WE SHOULD DO SOMETHING, AND FINDING WAYS TO TAKE ACTION IS CRUCIAL RIGHT NOW. IF WE CAN DO SOMETHING TO HELP SOMEONE ELSE, WE WILL ULTIMATELY FEEL BETTER, TOO.

SO TODAY WE'RE TALKING ABOUT DELTA ZETA AS PART OF A GLOBAL COMMUNITY. WE'RE CITIZENS OF THE WORLD. DELTA ZETA MEMBERS LIVE IN, LEARN IN, AND WORK IN COUNTRIES ALL OVER THE WORLD. AND THE WORLD SEEMS A LITTLE SMALLER THESE DAYS. WE'RE HAVING A SHARED EXPERIENCE. THE COVID19 PANDEMIC HAS MADE US ALL AWARE OF JUST HOW MUCH WE HAVE IN COMMON AND HOW MUCH WE NEED ONE ANOTHER. AND ONE OF THE THINGS WE HAVE IN COMMON IS THIS DESIRE TO MAKE A DIFFERENCE.

WE INVITED OUR FRIEND AND DZ COWORKER ABBIE REES, DELTA ZETA'S DIRECTOR OF PHILANTHROPY AND COMMUNITY OUTREACH TO JOIN ME LIVE TODAY SO WE CAN TALK ABOUT HOW WE CAN ALL MAKE A DIFFERENCE!

ALLY: HEY ABBIE!

ABBIE: HI ALLY! THANKS SO MUCH FOR HAVING ME JOIN YOU TODAY.

ALLY: SO ABBIE, AS CAMPUSES BEGAN TO CLOSE THIS SEMESTER I STARTED HEARING FROM SO MANY CHAPTERS ABOUT HOW UPSET THEY WERE TO CANCEL THEIR SPRING PHILANTHROPY EVENTS. I WORK WITH OUR ALPHA CHAPTER AT MIAMI UNIVERSITY AND WHEN THEY FOUND OUT THEY HAD TO CANCEL THEIR ANNUAL POTHS EVENT THEY WERE CRUSHED, AND I DON'T BLAME THEM! SO HOW CAN OUR CHAPTERS MOVE FORWARD AFTER CANCELING THEIR SPRING EVENTS?

ABBIE: YOU KNOW BEFORE WE LEFT CAMPUS OUR MEMBERS AND CHAPTERS WERE DOING AMAZING THINGS TO HELP THEIR CAMPUS COMMUNITIES THRIVE AND TO SUPPORT OUR GLOBAL PHILANTHROPY. SOME OF OUR MEMBERS EVEN ATTENDED A HEARING MISSION WITH US LAST FALL. OUR GOALS ARE STILL OUR GOALS WITH THE STARKEY HEARING FOUNDATION, SO CHAPTERS CAN DEFINITELY STILL HOST VIRTUAL EVENTS AS A CHAPTER OR SHARE YOUR HEART FOR HEARING PAGES. HELPING PEOPLE CONNECT THROUGH HEARING IS AN ON-GOING ISSUE. IMAGE TRYING TO RECEIVE CARE DURING THIS CRISIS AND NOT BEING ABLE TO UNDERSTAND A CARE PROVIDER OR

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EFFECTIVELY COMMUNICATE YOUR SYMPTOMS. WHAT WE'RE TYRING TO DO MATTERS AS MUCH NOW AS EVER.

ALSO, HEART FOR HEARING DAY AND SPEECH AND HEARING MONTH IS COMING UP SO CHAPTERS CAN PLAN TO SPREAD AWARENESS ON THIS DAY AND THROUGHOUT THE MONTH. MANY ARE MEETING VIA ZOOM. I CAN'T WAIT TO HEAR HOW THEY MAKE THE MOST OF TECHNOLOGY TO SERVE PEOPLE ALL OVER THE WORLD.

ALLY: WHAT ABOUT THE PAINTED TURTLE? I KNOW OUR CHAPTER MEMBERS LOVE SUPPORTING THE PAINTED TURTLE CAMP!

ABBIE: WE ALSO HAVE AN IMPORTANT PARTNERSHIP WITH THE PAINTED TURTLE. THEY ARE HOSTING VIRTUAL CAMPS THIS SPRING AND SUMMER. HOW CUTE! THEY ARE LOOKING FOR PEOPLE TO SEND IN ENCOURAGING VIDEOS TO CAMPERS, OR VIDEOS OF PEOPLE SINGING CAMP SONGS AND DOING CAMP DANCES. IF SOMEONE IN YOUR CHAPTER HAS BEEN TO CAMP, THEY COULD HELP TEACH THE CHAPTER.

PUTTING TOGETHER BLANKETS OR TURTLE PILLOWS WOULD BE GREAT AS WELL FOR WHEN CAMP RETURNS.

ALLY: I LOVE THOSE IDEAS ABBIE AND THAT THERE ARE STILL OPPORTUNITIES FOR OUR CHAPTERS TO SUPPORT OUR PARTNERS. SO ON INSTAGRAM I SAW THAT OUR CHAPTER AT LSU HAS BEEN MAKING MASKS FOR HEALTHCARE WORKERS IN THEIR AREA. WHAT ARE SOME OTHER WAYS YOU HAVE SEEN CHAPTERS HELPING THEIR COMMUNITIES DURING COVID 19? AND FEEL FREE TO SHARE YOUR IDEAS IN THE COMMENTS AS WELL!

ABBIE:

1. THEY'RE BUYING GIFT CARDS TO GROCERY STORES AND DELIVERING THOSE TO PEOPLE IN NEED
2. THEY'RE STAYING HOME WITH FAMILY AND HELPING TO CARE FOR YOUNGER SIBLINGS WHILE PARENTS WORK FROM HOME
3. OUR CHAPTER AT SHIPENSBURG SHOWED THEIR APPRECIATION WITH THANK YOU NOTES TO FIRST RESPONDERS AND COMMUNITY HEROS.

ALLY: THOSE ARE AWESOME! HAS THERE BEEN ANYTHING YOU HAVE BEEN DOING PERSONALLY TO MAKE A DIFFERENCE IN YOUR COMMUNITY?

ABBIE: *INSERT WHAT ABBIE HAS BEEN DOING* HOW ABOUT YOU ALLY?

ALLY: WHEN ALL OF THIS STARTED I DONATED BLOOD. SO IF YOU ARE IN GOOD HEALTH, DONATING BLOOD IS A GREAT WEAY TO SUPPORT YOUR COMMUNITY AS THERE IS CURRENTLY A SEVER BLOOD SHORTAGE. I HAVE ALSO BEEN TRYING TO SUPPORT LOCAL BUSINESSES AND THEN ABOVE ALL ELSE BEING KIND. IVE TALKED ABOUT THIS BEFORE

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BUT SHOWING A LITTLE PATIENCE AND KINDNESS DURING THESE TIMES CAN MAKE A HUGE DIFFERENCE!

ABBIE, THANK YOU SO MUCH FOR BEING A PART OF OUR CONVERSATION TODAY! IF ANYONE HAS ADDITIONAL QUESTIONS FOR ME OR ABBIE FEEL FREE TO SEND US A DM ON INSTAGRAM AND WE CAN GET YOU IN CONTACT WITH ONE OF US!

I THINK THE MESSAGE IS EVEN WHILE YOU ARE AT HOME YOU CAN STILL MAKE A DIFFERENCE IN YOUR COMMUNITY AND SUPPORT THOSE IN NEED WHILE MAINTAINING A SAFE SOCIAL DISTANCE!

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WE'RE HERE FOR EACH OTHER AND THOSE OUR LIVES MAY TOUCH IN SLIGHT MEASURE.

THAT'S IT FOR THE TRULY THIS WEEK. BUT FEEL FREE TO CONTINUE THESE CONVERSATIONS WITH OTHERS YOU SAW ON THE LIVE TODAY OR YOUR CHAPTER. WE HEARD ABOUT HOW YOU WERE CONNECTING AFTER LAST WEEKS EPISODE KAPPA BETA AND WE ABSOLUTELY LOVED IT!

WE'RE HERE EVERY THURSDAY AT 2P EASTERN NOW THROUGH THE END OF MAY.

AFTER TODAY'S TRULY, WE'LL POST ADDITIONAL THOUGHTS AND RESOURCES ON MAKING CONNECTIONS AND STAYING CONNECTED. THERE'S ALSO A DOWNLOADABLE GIFT FOR YOU. SIMPLY VISIT THE NEW TRULY BLOG AT DELTAZETA.ORG/TRULY.

THANKS AGAIN FOR WATCHING.