

## ALUMNAE CONNECTIONS | *Program Ideas*

### **The 20s**

- Junior Alum Group
- Holiday decorating
- Assertiveness training
- Financial planning
- Brewery tour or happy hour
- Athletic event
- Exercise class/yoga/Tai Chi
- Home buying seminar
- Babysitting exchange
- Gardening
- Women's health
- Crafts: demo, hands-on, etc.
- Potluck – couples or singles!
- Self defense
- Car maintenance
- Feng Shui
- Stress relief
- Go to a Haunted House
- Holiday cookie exchange
- Wardrobe basics and builders
- Soap making, bath bombs, etc.
- Local authors, concerts, classes, etc.
- Join a softball or volleyball league
- Wine & cheese
- Centerpiece ideas
- Event planning like a pro
- Movie night
- Holiday parties – Valentines, Halloween, Fourth of July, Groundhogs Day!
- Scrapbooking and stamping
- Slumber party
- Astrologer
- Handwriting analysis
- Spa night
- Pottery painting
- Casino night
- Makeover night
- Dance lessons
- "How to host a party" ideas
- How to pack for business/vacation
- Sign language
- Hearing health
- DZ sing-a-long
- Make it, bake it, sew it, show it!
- Watch a popular TV show together!

### **The 30s** *all of the above plus . . .*

- Parenting topics
- Bunco
- Gourmet cooking
- Jewelry making
- Fitness
- Nutrition
- Private shopping experience
- Domestic violence
- Tour of historic homes
- Masseur
- Hiking/outdoor activity
- Panhellenic activity
- Flower arranging
- Mother/child activity
- Chick flick and dinner night
- Bowling and burgers
- Child proofing your home
- Golf outing
- Scuba diving
- Ornament exchange
- Family BBQ, picnic, outing
- Elegant dinner for dues paying members only!

### **The 40s & 50s** *all of the above plus . . .*

- Dermatology
- Estate planning
- Dealing with aging parents
- Women's health
- Changing careers
- Exercise/fitness speaker or activity
- Quilting/quilt history
- Photography
- Home improvements
- Card night
- Luncheons
- Kid stuff exchange
- Herb specialist
- Soap making
- Chef lessons
- Recipe exchange
- Theatre outing
- Financial aid for children
- How to knit or crochet
- Progressive dinner – pick a theme!

### **The 60s & 70s** *all of the above plus . . .*

- Shopping!
- Golfing
- Osteoporosis
- Prenuptial agreements
- Antiquing
- Grandparent issues
- Book reviews
- Genealogy
- Hobby night
- Grandchildren outings
- Speaker from Arts Council, etc.
- Breakfast meeting/event
- Bridge party
- Victorian lady show
- Historical character presentation
- Day trips – museum, historic homes
- Bus trips
- Tax speaker/preparation
- Chocolate, chocolate, chocolate
- Cooking for one/cooking for two
- Volunteering
- Speech & Hearing topics
- Gemologist/precious stones
- Candy making
- Fondue party
- Handmade gift ideas
- “Hints from a DZ” (aka Heloise!)
- Tarot card reader
- City history
- Personal trainer
- Belly dancing
- Quilt designs
- Personal color consultant
- Ballroom dancing
- Selling your home
- Special Olympics
- Fashion show

### **Interest Groups**

- Bridge/cards
- Book or magazine club
- Dinner club
- Golf
- Power walking
- Happy Hour
- Lunch Bunch
- Silver Streakers or Golden Girls
- Movie Goers
- Bowling
- Crafty Ladies
- Investment group
- Antiques
- Quilting
- Running
- Scrapbooking
- Spa Girls

### **Money-making Ideas**

- Back-to-School Baskets
- Poinsettia Sale
- Coupons for local shops
- Spice packets
- Graduated dues
- Bake sale
- Santa letters
- T-shirt quilt auction
- Casino Night
- Fashion Show & Auction
- Home party – consultant gives portion of profit to group